



TBUG is a not for profit membership organisation working towards building a strong cycling community whilst increasing cycle awareness and safety in and around the Tamar region.

Our activities range from organising social rides, workshops and events to lobbying local and state governments to provide better infrastructure and culture for cyclists.

Anyone can join our rides.

FOR MORE INFORMATION GO TO:

[www.tbug.org.au](http://www.tbug.org.au)

[www.facebook.com/tbugbikes](https://www.facebook.com/tbugbikes)

## TIPS FOR STAYING SAFE

- Wear an Australian standard and properly fitted bicycle helmet.
- Obey the road rules.
- Wear highly visible light coloured or reflective clothing. Fit bicycle lights/reflectors, and always use them for early morning, evening, night riding and for poor light.
- Children under 10 need adult supervision to ride safely.
- Cyclists are allowed on footpaths unless signed otherwise, but always give way to pedestrians and use your bell.
- Allow plenty of space for pedestrian and vehicular traffic and adequate time for crossings.
- Do not assume other road users have seen you just because you can see them. Try to establish eye contact with drivers before crossing.

Source: Centre for Accident Research & Road Safety - Queensland



# CITY CYCLING

## AROUND LAUNCESTON



PROUDLY SUPPORTED BY

on your bike TOURS

stlukeshealth

City of LAUNCESTON



# ON & OFF ROAD

## LEGEND

- On Road Bike Lane or Edge Lines
- Off Road Trail or Bike Path (shared)
- Signed Bike Routes
- Shared Paths

## SYMBOLS

- Toilets
- Bike Repair Hub
- Drinking Fountain
- Secure Bike Cage

